

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE: Introduction to Addictions

CODE NO, HDG 110--3

PROGRAM: General Arts and Science

SEMESTER: One

DATE: September 1991

INSTRUCTOR: Betty Brady

New: Revised: X

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Course: **Introduction to Addictions** - HDG 110-3

Instructor: Betty Brady

Credits: 3

Length: 45 hours

PHILOSOPHY/GOALS;

In this course the student will be introduced to the study of addictions. The class will explore general information about substances, their effects and the development of dependency. The impact of addiction on individuals, families and society will be examined. Treatment approaches and availability of resources will be discussed.

**STUDENT PERFORMANCE
OBJECTIVES;**

Upon successful completion of this course, the student will be able to:

1. Discuss the nature of dependency including
 - a) types and effects of substances
 - b) theories of addiction
2. Identify the impact of addiction on individuals and their families.
3. Discuss current social issues involving substance abuse.
4. Identify treatment approaches and local resources addressing addiction problems.

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TOPICS TO BE COVERED: A

1. Drugs, their types and effects.
2. Theories of addiction
3. Impact of addiction on the addicted and Development of dependency stages and characteristics
4. Impact of addiction on: children, parents, spouses, adult children, society
5. Co-dependency
6. The adult child
7. Social Issues such as: Legalizing drugs
Drug testing
Crack babies
Crime and violence
8. Identification and Intervention
9. Treatment
10. Resources

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LEARNING ACTIVITIES

REQUIRED RESOURCES

- | | |
|--|---|
| 1. Examining types and effects of drugs and Theories of addiction | - films, tapes, lectures, guest speakers, overheads, articles and discussions |
| 2. Impact of addiction:
- individual
- families
- society | - films, overheads, lectures, guest speakers, articles, discussion and tapes |
| 3. Social Issues | - lectures, articles, discussions and use of other resource material |
| 4. Identification, Intervention, Treatment and Resources | - field trips, guest speakers, articles, overheads and lectures |

EVALUATION METHODS;

Presentation	20%
Book Report	20%
Test #1	20%
Test #2	15%
Test #3	15%
Participation	10%
Total	

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EVALUATION

1. Seminar Presentation is a requirement on any topic related to the area of addictions. It will require research and then presentation of information.
2. Book Report is a requirement of the course on a book related to addictions. The length of the book report should be 1,200 or 1,500 words. It should include a discussion of the book but also the reader's feelings and thoughts about the issue and the book.
3. Two tests will be given in this course. The first will discuss information on substances and family issues. The second will involve social issues and treatment.
4. Class participation is a requirement of the course. Students are expected to participate in class discussions, activities and complete assignments on time.

REQUIRED STUDENT RESOURCES;

A book related to addictions. Some suggested books to select from:

It will never happen to me 1 Claudia Black

Tomorrow I'll Quit, Vernon Johnson

The Cracker Factory, Joyce Rebeta-Burditt

I'm Dancing as Fast as I Can, Barbara Gordon

Go Ask Alice, Anonymous

Women Who Love Too Much, Robin Norwood

My Name is Davy, I'm An Alcoholic, Ann Snyder

Dancing On My Grave, Gelsey Kirkland & Greg Lawrence

The Addictive Personality, Craig Nakken

Codependency, Health Communications, Inc.

Relax, Recover, Patricia Wuertzer and Lucinda May

Beyond the Booze Battle, Ruth Maxwell

^fcNot My Kid, Beth Poison and Miller Newton

ADDITIONAL RESOURCES MATERIALS AVAILABLE:

These will be supplied by instructor.

WEEK I	Introduction to Addictions How To - Seminars and Book Reports Substance Abuse - Terms and Language Alcoholism
WEEK II	Alcoholism (Continued)
WEEK III	Tobacco and Caffeine
WEEK IV	Cocaine and Crack
WEEK V	Inhalants, Sedative-Hynotics and PCP
WEEK VI	Marijuana and Theories of Addiction
WEEK VII	TEST (Drugs and their effects and theories of addiction) Impact of addiction on the addicted
WEEK VIII	Development of Dependency - stages and characteristics
WEEK IX	Impact of addiction on children, parents, spouses, and society
WEEK X	Codependency Issues Adult Children Issues Recovery TEST (Impact of addiction on - the addicted children, parents, spouses, society and adult children) (also - development of dependency, codependency, etc.)
WEEK XI	Social Issues
WEEK XII	Identification and Intervention
WEEK XIII	Treatment and Ethics Issues
WEEK XIV	Community and Other Resources
WEEK XV	Review TEST (Social Issues, Identification, Intervention, Treatment, Ethics, and Resources)